

November in the Southeast

Important Dates:

January 1, 2012 Chapter Maintenance & Workshop Fees due

May 18-19 "TOPS Train to Success" SRD in Huntsville, AL

July 5-7 "California Dreamin'" IRD in San Diego, CA

Please make note of the dates above. You won't want to miss these events

TOPS has introduced an exciting 25 step program to help you in your journey to your goal. Go to tops.org and enter through the member/leader/staff tab. Enjoy the process of refreshing what you know about yourself and gain new insights and tips to successfully travel the road to success.

Also, check out the Quick 'n Easy Programs on tops.org. They are wonderful short programs to use when you have a busy meeting-- such as Awards Day. Please always have some type of program each week. We all need the information, encouragement and motivation.

The end of 2011 is rapidly approaching. I hope all of you remember that this is the time of the year when we need a little extra support. Try to hold as many of your regular meetings as possible. If you meeting place is closed because of the holidays, check to see if you can meet at another time or day. Maybe a weigh-in only meeting is more convenient during a holiday week. Please give your members the opportunity to meet every week until 2012. Let's end the year with a wonderful loss.

The end of the year can be a very busy time. You all received your Chapter Maintenance and Workshop fees form at Fall Rally. Let's all send it in now. By sending it in this week you lessen the possibility of losing the form or forgetting to send it to Shirl. PLEASE, do it now. I know several of you have sent these already. THANKS!!!

The annual "Resume` Workshop" was held after Fall Rally. I was happy to see so many attending. By attending you increase your chances of having a Perfect Resume' for the year. Don't wait until the last minute to start your Resume`. You can start now by preparing your weight charts. **Remember: If you have problems with your Resume` call Kathy or Shirl.** Your Resume` must be postmarked by January 8. Don't be late or your winners will be disqualified.

If you have any questions or concerns, please contact me. No problem is too large or too small. I'm here to help you and your chapter.

Happy Anniversary!

Nov. 13th TOPS AL 0226 Opelika, 39 years

Nov. 18th TOPS AL 0514 Enterprise, 12 years

Nov. 21st TOPS AL 0385 Andalusia, 28 years

Nov. 27th TOPS AL 0039 Daleville, 44 years

Congratulations and Thanks for all of your hard work and dedication!

My contact information:

Kathy McCall

TOPS Area Captain

1710 South Alice Street

Dothan, AL 36301

334-793-5281 or 334-798-2378 (cell)

Remember: Stuff the turkey, not yourself.

Join me on the "Road to Success."

Kathy