

March in the Southeast

Important Dates:

April 1 & 2 "TOPS Bonanza" SRD in Birmingham

April 16, 2011 Spring Workshop, Colley Center, Troy 1-4

July 7-9, 2011 IRD "Happy Days with TOPS", Milwaukee, WI

Please make note of the dates above. You don't want to miss out on these events.

In your latest mailing from TOPS, Inc. you received Chapter Programs 79 & 80. Please remember to add them to your Chapter Program Book. Also included is the latest Awards Items (L-0158) and order forms (L-0015 & L-0017). Be sure to mail them to the address on the forms to avoid delays. Your new Chapter Manuals are also in the mailing. Throw the old ones in the garbage so you will be sure you are using the latest edition.

Please have all incoming officers read the new Chapter Manual. It is important that all officers are familiar with it. After all have read it, Leader and Weight Recorder each keep a copy.

Weight Recorders, if you have a KOPS that is having trouble staying in leeway, please read the rules for changing goals carefully. A KOPS must be in leeway of their current goal when changing their goal or they will lose their KOPS status. If you have any questions, please call Kathy or Shirl. If the goal change is not done correctly it could cause your KOPS to lose status.

Have you sent in your (Form L-001) Officer Chart? If you sent it in and have not heard from Shirl by April 1st, it is ok for you to install your new officers. In the February issue of TOPS News there is an installation ceremony you may want to use. It is "TOPSmobile Mechanic". There are other ceremonies in the TOPS Ceremony book.

TOPS President Barb Cady will be attending our SRD in Birmingham this year! Have you met her? She will be doing a workshop on Friday, April 1st. Don't be an April Fool and miss the opportunity to meet TOPS President Barb Cady!

We are now on the Road to Success! Let's all make a pledge now to have a loss in 2011. Whether it is 1 or 100 pounds, strive to have a loss. We CAN do this.

Spring Workshop will be April 16th at the Colley Center in Troy from 1-4 PM. Mark it on your calendars now. It is especially important that all officers attend, but all members are welcome. Let's have EVERY chapter represented! You will receive a letter soon with more details.

Please check your local events calendars. Do you have a Health Fair or any event that we can promote TOPS coming up in your area? If you do, let me know so I can arrange to have a TOPS booth at the event. With obesity rising at an unimaginable rate, we need to let people know we are here for them.

If you have any questions or concerns, please contact me. No problem is too large or too small. I'm here to help you and your chapter.

Happy Anniversary!

No Chapter Anniversaries this month

My contact information:

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"Sacrifice is giving up something good for something better."

Join me on the "Road to Success"

Kathy